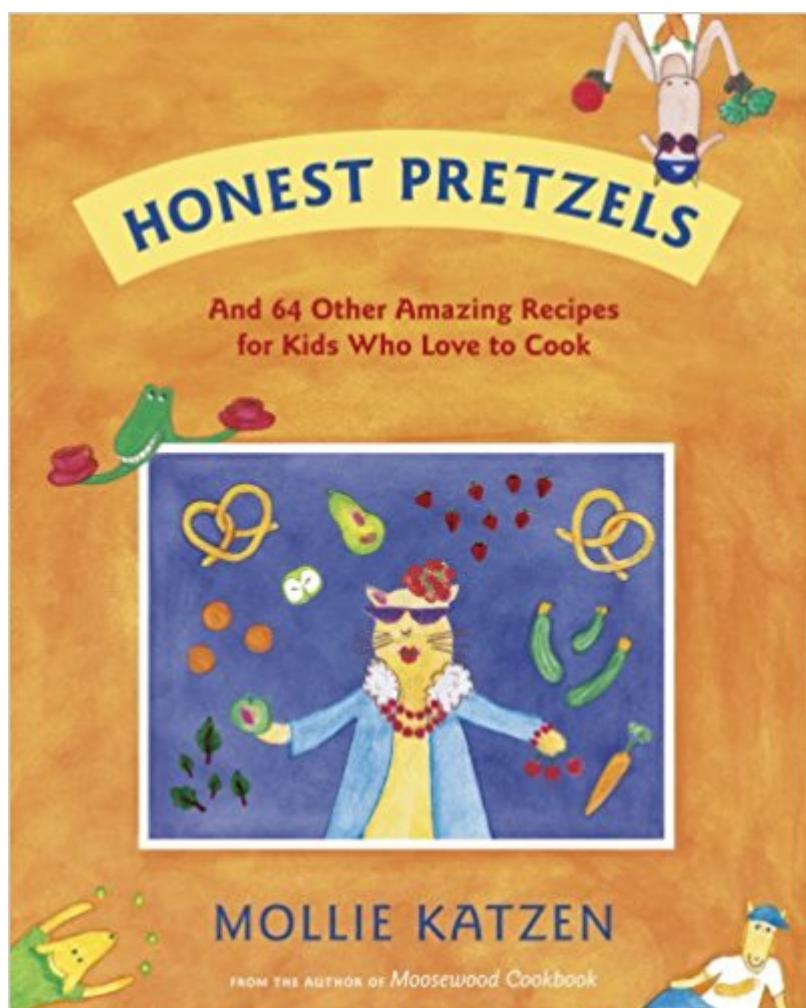


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# Honest Pretzels: And 64 Other Amazing Recipes For Cooks Ages 8 & Up



## Synopsis

Are you a kid? Â Then this cookbook was written especially for you. Â Get ready to help with dinner for real! Â You can become a fantastic cook and amaze your friends with PITA SPIRALS and CREAMY CORN SOUP or CINNAMON SWIRL STICKY BUNS and BEST HOT CHOCOLATE. Or you can fill your lunch bag with a wedge of SPAGHETTI PIE, a serving of MAPLE YOGURT FRUIT DIP, and a handful of HONEST PRETZELS that you made yourself. Are you a grown-up? Then welcome to another very special cookbook by Mollie Katzen. In these pages she speaks directly to children through 65 fully kid-tested, illustrated recipes that require only a little adult assistance. It's not just a cookbook full of yummy recipes--it also gives young cooks, ages eight and up, a chance to practice reading, math, and logic skills. And think of the sense of accomplishment they will feel as they grow into creative, confident chefs.

## Book Information

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Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

Ever separate an egg with a funnel? Ever make a grilled cheese and broccoli sandwich? Ever follow your kids into the kitchen and help them with recipes they have chosen to prepare? Mollie Katzen makes all this and more ever so painless. She wrote Pretend Soup for preschool cooks after working with young kids in a preschool setting. Honest Pretzels is the next step. These are more advanced recipes demanding more advanced techniques for children ages 8 and up. It's a kid's

cookbook for a more sophisticated palate--those ready for Not-from-a-Box Macaroni and Cheese or Spunky Chili. All the recipes in the book are vegetarian. Typically, each recipe is introduced with a list of ingredients, the amount of time it's going to take, a list of tools, and a note about where a child might want to ask an adult for help. The actual directions are broken out into separate "cards," many of them illustrated. At no time and in no place is the language patronizing. Skills your child will develop include making and handling yeasted dough; making filled, shaped, healthy pastries; slicing, mincing, and grating; seasoning with herbs and spices; sautÃ©ing, pureeing, measuring, layering, assembling; dividing, estimating, timing, deciding; separating eggs, beating egg whites, folding a puffy batter; making simple, standard sauces; and basic kitchen safety and common sense. That's quite a list. How did you measure up when you were 8--let alone now? Here's a good chance to give your child a leg up in the kitchen, while staying out of the way. --Schuyler Ingle --This text refers to an out of print or unavailable edition of this title.

Grade 2-6 Honest pretzels " are way more interesting than the store-bought kind: They're chewy on the outside, and soft and tender on the inside and you get to make them any shape you want!" This sentence describes one of 65 vegetarian recipes offered in this inviting anthology of breakfast dishes, soups, sandwiches, salads, main dishes, desserts, baked goods, snacks, and drinks. Katzen provides an introduction to each dish and includes background information, safety tips, and an occasional quote. Lists of the ingredients and utensils needed, written and visual instructions, and recommendations about when to ask for adult assistance accompany each recipe. The author's intent is that children participate in the cooking process; enjoy their accomplishments; and learn bits of math, science, and something about cooperation along the way. The nourishing recipes are clearly presented in an encouraging tone, making this a fine addition to most collections. Carolyn Jenks, First Parish Unitarian Church, Portland, ME Copyright 1999 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Such a wonderful book! My 4 1/2-year-old and I have really loved experimenting with this cookbook. As he gets bigger, he'll be able to do more and more on his own, thanks to good illustrations, especially. For now, great for bonding and experimenting--as well as learning counting/math.

Bought this book as a Christmas present for our 9 y/o neighbor. I reviewed a bit before wrapping. It's user-friendly, with easy to follow directions and simple ingredients. The illustrations are colorful, young looking, probably too juvenile for tweens, but fun recipes that fall into: breakfast, lunch,

dinner, and snacks. As a Reading teacher, I probably wouldn't recommend for children older than 10..... lacks the 'hip appeal' for tweens, like the few 'teen cookbooks' on the market (and snapped up in my classes!).

My son loves this cookbook, he is five and with help can easily understand and follow the directions to prepare a dish, I do wish some of the dishes were more practical for meal planning.

cute cookbook. My son loves it. Provides written description and step-by-step pictures for kids to follow if not yet reading at the cookbook's reading level.

Great book to encourage children. Fun and delicious recipes that are not too complicated. This is the third one I have purchased for various children. They've all loved it.

Love this book and all the creative recipes in it. Even my toddler who's 2.5yo enjoys cooking from it with mom's help. We cooked our way through "Pretend Soup" and now we're cooking our way through this book. Love it!

This is the best kid cookbook I've seen, great step-by-step recipes that turn out tasty, easy to use with kids at your elbow. It neatly divides recipe tasks into those for the adult and those for the kid. And the kid actually has enough to do to keep them involved the whole way.

Fun recipes for my 9 year old son to make. Simple to follow recipes. Food, however, is pretty bland.

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